



Sneak peek video!

UPCOMING EVENTS

- 65th Annual Regatta Aug 5 & 6
- Founders Meet & Greet Sat Aug 5, noon 2 pm
- Town Hall Open Discussion Sat Aug 12, 10 am
- Dock Sale Sat Aug 19, 10 am 1 pm
- 75th LKRA & Stoney Point Party Sat Aug 26, 2 8 pm

Also In this issue:

Cottage Cookbook · 2023 Membership Drive · LKRA Photo Contest · Wildlife Wonders · Kid's Corner

Enjoy the playful spirit of Kosh and attend our special 65th Regatta on Aug 5 & 6!



- Decorate a canoe for fun and win great prizes, too!
- Waterskiers, sailors, canoeists and kayakers, are you ready for a little competition?
- Needed a few volunteers for the tie dye t-shirts and face painting corner and some volunteers to help setup on the beach at 8 on the Saturday morning. Students? Kosh residents? Jan Prentice has stepped up once again to make this event a success. She needs your support. Please email her and donate a couple of hours:jeprentice59@gmail.com
- Also needed, someone to take pictures (with their iphone) at Saturday/and or Sunday's Regatta events that we can share afterwards on the website. Please contact <u>communications@kasshabog.ca</u>
- Come early (if you haven't already renewed your membership) and pay your LKRA 2023 membership before the events start. Just \$25 cash.
 Prefer to pay online? <u>Do it now!</u> While you're at the membership table, pick up a copy of *Simply Cottage Cooking* a fabulous recipe book to help celebrate our 75th for just \$10 cash.
- When do the Regatta Events start? Click here for the Regatta Program

Founders Meet & Greet

You are invited to drop in and meet other founders and cottagers on Saturday, August 5th at the Community Hall / Library between noon – 2 pm to swap stories, share pictures and look at cottage lore from the past. Plan to pop by and meet some new and old Kosh lakers.



LKRA Town Hall Open Discussion Sat August 12

Join us for an in-person Town Hall on Saturday, August 12 at 10 am on Half

Moon Bay beach. The meeting has been designed to brainstorm ideas for ways Dam Fund monies, which have recently become unrestricted, can be used to further our LKRA work. It's also an opportunity to meet the Executive, discuss the purpose of the lake association and ask any questions you might have. For more meeting information please <u>visit</u>.

LKRA Photo Contest One week left to send in your photos Visit for all the details





LKRA Dock Sale

Sign up today to participate in the 2nd Annual Dock
Sale taking place on Sat August 19th, 10 am - 1 pm.
Register your sale at membership@kasshabog.ca to be added to the map. More details will be posted on the website and via FB when available.

COVIA Open House

Covia Nepheline Syenite Operations is hosting an Open House on Wednesday August 16th and Saturday August 19th at the Blue Mountain Location. All residents are invited to attend. For more information visit

Wildlife Wonders - Hummingbirds

Hummingbirds, the tiny acrobats of summer, are



the only birds that can fly backwards and upside down, and hover. While flying, they need the most oxygen of any animal and their hearts beat an astounding 1,200 times per minute! They are so evolved for life in the air that they can't hop or walk, only perch, which they do for 80% of each day to conserve energy. Even still, they need to refuel every 15 minutes. They can also remember every flower they visit so they don't waste time where the nectar is gone. They also eat insects and spiders for protein. If you have a hummer feeder, remember to change the sugar water every 2-3 days in the hot weather so it doesn't go bad.

Kids Corner

Sense Scouting

Spend some time outside and record what you see, smell, hear and feel on your adventure! Keep a journal this activity changes as the seasons change!

The One and Only Chopper

Don't forget to treat your kids to this imaginative children's short story about a very special beaver, shared by the author in honour of our 75th. Ideal for kids 6-10.

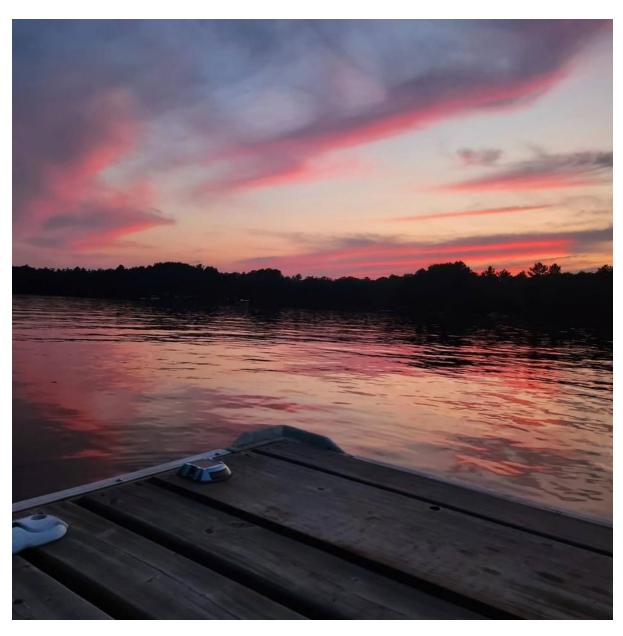


Photo Credit: Kate-Lyn Ibbotson

Land Acknowledgement

As we celebrate the ever-changing beauty of Kasshabog Lake, we are reminded to respect and nurture our sacred relationship to this land as well as to its First Peoples, both past and present. We acknowledge that our Lake resides upon the traditional lands of the Mississauga Anishinaabe. We recognize and value the contributions of Indigenous peoples past and present. On their behalf, we commit to supporting the health and welfare of this land in all current and future initiatives.

Yours to Enjoy...Yours to Protect
Lake Kasshabog Residents Association

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